



Types of Clairvoyance

Psychic - pertaining to mental forces, telepathy, extra sensory perception

Medium - contacting and being able to communicate with spirits of the dead

Clairvoyance - the ability to see things beyond our normal senses

The thing is that also if you look in a thesaurus you will see each of these words in each of the other words categories i.e. psychic will be found under clairvoyant and medium. Medium will be found under psychic and clairvoyant and so on...

The "Clairs"

Some types of psychic abilities have names that begin with "clair," which means "clear" in French. They are named to specify the *way* you are sensing or receiving information spiritually.

There *is* a correlation between which *physical*-level five senses you usually use the most, and which of the related "clair" types of *psychic* abilities you usually use the most. This doesn't mean you can't choose to develop the other "clairs." It's just that **it might be easier and inspire you the most to first strengthen the "clairs" you *already* use most naturally.**

clairvoyance (clear seeing, or psychic vision)

clairaudience (clear hearing, or psychic hearing)

clairsentience (clear feeling/sensing or psychic feeling/sensing, including clair empathy)

clairtangency (clear touching or more commonly, psychometry)

claircognizance (clear knowing or psychic knowing)

clairgustance (clear tasting or psychic tasting)

clairalience (clear smelling or psychic smelling, sometimes also called clairscents)

Do's	Don'ts
<ul style="list-style-type: none"> • Take time to notice the small differences between thought, imagination and a "clair" • Practice as much as possible • <u>Trust</u> in what you are getting • Imagine how you would communicate without any words • Ask to be a clear and perfect channel • Ask your guides to communicate with you • Love your gifts, they are there for a reason 	<ul style="list-style-type: none"> • Interpret what you are getting, that is not for you to do. Only say what you get. • Let self doubt creep in • Make any judgments • Push what you are getting on anyone, give if they ask or want to hear • Think you owe it to anyone to share what you get • Feel bad if you are not like another clairvoyant...we are all unique